

miles for   
mental health

**AUGUST 20**

**NEEPAWA MB FLATS**

**1K | 5K | 5K | 10K**

**WALK | WALK | RUN | RUN**

**ENTERTAINMENT**  
**BIG DADDY TAZZ**

**BEFORE  
AUGUST 10**

**\$40** **EARLY BIRD SPECIAL**

**\$50 AFTER AUGUST 10**

**ENTERTAINMENT AVAILABLE  
TO ALL WITH A \$10+ DONATION**

**RUN 8:30 /// ENTERTAINMENT 10:30**

**ENTRY FEE INCLUDES T-SHIRT,  
FOOD, BEVERAGE & ENTERTAINMENT**